

UPDATED PUBLIC NOTE: EFFECTIVE MARCH 26, 2020 REGARDING COVID-19



THIS GUIDANCE IS GENERAL INFORMATION FOR OUR COMMUNITY REGARDING COVID-19.

If you need to **apply for unemployment**, go to www.nhes.nh.gov/ or call 603-271-7700.

If you **need health insurance, food assistance**, or access to other public benefits, apply online at <https://nheasy.nh.gov/#/> or call 1-844-275-3447.

Evictions and foreclosures are suspended during NH's State of Emergency. If you are **unable to pay your rent**, contact your local welfare office by phone or e-mail.

If you need to **apply for Social Security benefits or help with other routine SSA services**, please apply for help online at www.ssa.gov/onlineservices/. If you need **help with a critical SSA issue** such as dire need matters or matters involving severe disability, blindness or terminal illness, please call your local SSA office at 1-888-397-9798 or TTY 603-225-8475.

Utility shutoffs for nonpayment are prohibited during NH's State of Emergency. If you need assistance because your utility provider has discontinued services for nonpayment, please contact the Public Utility Commission's Consumer Services Division by phone at 1-800-852-3793 or e-mail at puc@puc.nh.gov.

If **you or a loved one is in a nursing facility**, the facility will be restricting visitors and making operational changes. Please refer to the Centers for Medicare and Medicaid Services online guidance [\(1\)](#) and [\(2\)](#) for more information.

If you are a **victim of domestic violence, stalking, or sexual abuse** please call the 24/7 statewide hotlines. For domestic violence and stalking, please call 1-866-644-3574. For sexual assault, please call 1-800-277-5570. The NH Supreme Court will continue to hold in-person court proceedings for domestic violence protection/stalking orders and emergency orders relating to children. Victims may also still go to court to file DV/stalking petitions.

If you want to **learn more about your child's education rights during the COVID-19 pandemic**, please refer to online guidance from the [NH Dept. of Education](#) and [US Dept. of Education](#).

Please **be aware of the many new scams** happening due to the coronavirus. For more information go to the FTC website at: <https://www.consumer.ftc.gov/features/coronavirus-scams-what-ftc-doing>

If you have any questions, please call 1-800-639-5290, or apply for help online at NHLegalAid.org.